

PAPER HOUSES
Mission Manual and Forms

Application and Preparation for Mission



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Introduction

Welcome! We hope you can participate in our mission. Laws, requirements from Mexico, requirements from the United States, and our in-house requirements result from prior mission experiences and legal advice.

Here are the requirements.

Minors must be accompanied by parents.

Passports for everyone are required by Paper Houses.

Dress Code:

1. Closed toed shoes.
2. Long pants.
3. Blouses may not be low cut.
4. Clothing cannot have 'messages' graphics or other images.
5. Minimal jewelry

No computer games, game boys, music devices

Arrival and departure times must conform to mission start and end times

You must be in good health and capable of walking up steep hills carrying groceries.

Mission cost is based upon the number of people sharing a room. The total cost of the mission group reflects our actual costs.

Total Sharing Room	Total Price
Single	\$ 250.00
2 adults	\$ 400.00
1 adult 1 child	\$ 300.00
2 adults 1 child	\$ 350.00
2 adults multi children	\$ 400.00
3 adults	\$ 550.00
Four adults	\$ 700.00

You must arrive in Del Rio, Texas at the Ramada Inn on time. We cannot wait for late arrivals. There are many people in Mexico that work behind the scenes. For example, volunteers wait to be picked up to translate. Our hosts sometimes prepare a meal or celebration to welcome us. We have no way to communicate with them while they wait.

It is also important that each mission member complete the entire mission. You are needed until the mission ends. We return to Del Rio by 3 pm. Please make your travel arrangements so that you can arrive and leave Del Rio on time.

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Enclose with Payment

Full payment is due with the application. No spaces can be held without full payment. Payments are non-refundable and treated as a donation if you fail to participate in the full mission. Paper Houses reserves the right to terminate your participation in the mission if your actions are unsafe or not in accordance with our rules, values and mission statement.

Minors must be accompanied by parents. If only one parent participates in the mission, Mexico requires a **notarized letter from the other parent** that gives permission for the child to enter Mexico on the specific mission dates.

Paper Houses requires that each participant have a valid U.S. Passport. Please make a photo copy of your passport and enclose it with your payment. (Should you misplace your passport during the mission trip, the photo copy we have will greatly expedite your return to the U.S.). The photo-copy will be returned to you at the end of the mission.

Summary

Enclose the following items with your full payment.

1. Legal Disclaimer must be signed and witnessed.
2. All mission forms must be completed.
3. Copy of Passports
4. Notarized letter (if traveling with minor and without both parents)

Sample of parental letter when traveling with only one parent.

I, _____, am the father/mother of _____ who was born on _____.

I hereby give my permission for _____ to enter Mexico on the following dates _____ to participate on a mission with Paper Houses Across the Border.

Signature

Mail all completed mission material and your check to:

Bob Decker
Paper Houses Across the Border
10827 Colt Chase
San Antonio, Texas 78254

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A Mission Trip

What is the difference between a mission trip and other trips?

Without a doubt, we know that this is the key to your experience in the colonias. You can return home with new information, memorable experiences, and think about what should be done. Or you can embrace the spirituality and real purpose of this mission and return home without leaving the spirituality and purpose you find during the mission. This is totally your choice. If you cannot embrace the spirituality of our mission, please make the trip with a different mission group. Paper Houses is not for everyone. Also, if your intent is to bring your son, daughter, or some other relative so that they will change their lives, please find a counselor or another group. Every person on our mission trips should be ready for the change of mission. We do not want you to waste time and money on a trip that may not be for you.

The difference between a mission and other types of trip is spirituality, purpose and attitude. Spirituality is not something that is turned on by a switch or a few minutes of thought. I ask you to consider for **five full minutes** the following thought.

Our body, our physical being, is temporary.

Our soul, our spiritual being is everlasting.

We are spiritual beings having a temporary physical experience.

Our soul, our spirit is who we are. If we lose an arm, a leg, or even our sight, who we are does not change. As our body ages and die we know that the soul lives forever.

Yet, we focus 99 percent of our time on the physical and we seek happiness through physical things. Why are we never satisfied and why doesn't the happiness seem to last?

Bob agreed to found Paper Houses Across the Border to enable other people to have the startling experience of mission in the colonias. Bob said, *"I did not establish Paper Houses to help the people in the colonias. I knew that would happen as we kept returning to the colonias. The real purpose is to get more people to find what I find in the colonias. This is an awakening. This is real happiness and it keeps getting better and better."*

The real people being missioned to on our mission trips are the people from the United States. The state of spirituality in the colonias is far better than ours. We go there to learn from these people and to improve our own lives.

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Sadly, there are people on our trips that reject the idea that they need help and need to improve. These are the people that focus on any delay, change in schedule or inconvenience. These are the people who frequently use the word “should” when talking about the colonias, the mission and Paper Houses.

Christine Wiegman is our mission director. She works as a supervisor in the field of social services and mental health. She talks about *the land of should*.

“People that frequently use the word ‘should’ are often living in a make believe word: the land of should. They use the word when talking about others and when talking about themselves. For example, they might constantly say that the church should do something about a situation. Or they might say that they should lose weight, or they should go back to school. They use the word so often that it is obvious that they are not focused on reality. Sometimes it is simply an avoidance technique.”

Paper Houses adopted two of the most powerful words in the Bible to explain our attitude. It is the exact opposite of should. The two words we love are “I Am”. Consider any problem or situation and the effect of using these words instead of the word should.

I should start a diet.	I am dieting.
They should feed those children.	I am feeding children.
Someone should do something.	I am doing something.
They should have a library.	I am collecting books to help start a library.

When we express our thoughts through words, the words affect our future thoughts. The words we use matter and help us form new thoughts and new attitudes.

Our subconscious mind is one of our most powerful tool in mission. It is here that we can change attitude and move to spirituality of purpose.

What has all of this to do with your mission experience?

Plenty! You determine the value of your experiences. More precisely, your thoughts and subconscious determine the value of your experiences. Suppose you tell your first grader that he or she is probably going to fail math because everyone in our family has a problem with math. You constantly point out errors in your child’s math homework and remind the child that everyone in the family came close to failing math. Do you think this child will do well in math? Probably not.

Let me make another argument about the power of the subconscious. Tonight, sit in an empty room. Turn out the lights and say, “*Someone is looking in the window.*” Turn on the lights and try to read a good book.

Use the subconscious to prepare for mission by preparing the subconscious. Focus on the fact that while you are on this mission you will improve your spirit. Prepare to go beyond the good feelings you will have when you help the poor. Prepare to go beyond an appreciation for the material blessings in your life. Go beyond recognizing that family, friends and attitude are why the poor in the colonias are happy.

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If family, friends and attitude are key ingredients in the happy lives in the colonias, then what can I do to improve my relationship with family and friends. What attitudes to the people of the colonia have that I do not?

Someone said that the reason the people in the colonias are happy is that they don't have cell phones, computers, and email and that they have time for their family and neighbors. Someone else replied, "Sounds like we need to turn some stuff off. "

It is difficult in our world of instant communication, non-stop news, and instant gratification to change. However, our battle cry has become, "I do not have the time" and we always feel too busy. How many more times will we say that Christmas has become commercialized and hectic? How many more times will we utter the words, "When I find the time"?

Although we must earn a living and have family duties, most of our time is not invested wisely. More to the point, we should make commitments before our mission to the colonias to change our patterns of behavior.

To do this, think of your Paper Houses Mission as something that starts today. Create a day by day written schedule that reflects mission. Pencil in work, school, necessary chores, doctor and dentist appointments, and other required activities. Forget television, movies, cable, Internet surfing and computer games. (There is some free time in your life).

Mission – First phase is Preparation

Many of you already have all of these habits and more. I ask your indulgence and ask you to consider ways to deepen the experience of prayer, fasting, and managing your time.

If possible, set the alarm a half hour earlier than normal. Get up and say a morning prayer that includes asking God to help you to invest your minutes wisely. Remember that at the end of the day you will evaluate how you invested your minutes wisely.

Go for a 20-minute walk, shower and then continue with your normal morning routine.

Recap:

- Awaken thirty minutes early
- Begin with prayer to invest minutes wisely throughout the day.
- 20-minute walk.

If you already have a morning routine that includes more prayer and exercise, simply add a strong prayer asking for God's help to invest your minutes wisely throughout the day.

Communication

Talk less throughout the day. Don't be a martyr during the day, but focus on listening and understanding. Remember that many things do not require an immediate response or your opinion. Take advantage of your answering machine. Consider changing your message to tell people you return

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calls between specific hours. You will be surprised about the amount of time this saves. Do the same with email. Check it once a day at work and once a day at home. Avoid Internet and texting activities. Only use the Internet when absolutely needed.

Pray throughout the day. Although you must be a good worker, make time to pray. Why is this under a title called, Communication? Remember that prayer is communication and that communication requires listening.

Diet

Plan your meals and avoid snacks. Eat everything on your plate. Do not throw away food. (Americans throw away 90 billion pounds of food each year).

Find a day or two and Fast. Fasting is an ancient form of prayer and even Jesus felt this was needed.

Family

Even though your entire family may not be coming to Acuna, they can participate in many aspects of mission. This is an opportunity to add family meals and family prayer as a part of your family routine. (Trick everyone into thinking this is something you need from them for this mission experience).

Many of us go to sports games to see our children play, but fail to engage our children in daily spiritual activities. Talking about spiritual sides of things demonstrates how important we, the parents, view the spiritual. This is a frightening realization. Compared with the amount of time we talk about school, education, sports, and our hobbies that spiritual discussions seem small.

Often how we play the game is less important than the score. Often we are so focused on explaining physical reasons for our rules and expectation of obedience that we neglect the simple spiritual reasons. Maybe my mother was right when she said, "Because I am your mother and I said so." Preparing for mission is a time for assessing where we are, where we are going, and what is important to us.

Parents in the colonias are not better parents. They have fewer obstacles. They do not compete with texting, cell phones, iPods, computers, Email, and a culture of instant gratification when parenting. Their experience has been that the government will not fix everything in their lives and they long for equal opportunity-not equal outcome. Disappointment and unfair situations are of the lives of every family member's experiences. They accept that there are some things we cannot change. Call it a tragedy, bad luck or an unfair situation. Instead of saying, "Why me?" these people often shrug and say, "Why not me?" They accept the unfair things that happen as simply a part of life and they chose to focus on the good and on the things they can change.

During the past 40-years, we have been on a roller-coaster of instant gratification and expect the government to solve our problems. I personally started to slip into an expectation that the government should do something when my investments became very unstable. Fortunately, I caught myself and accepted the fact that I made good investments based on the knowledge I had at the time. I also realized that bad things happen and that there was nothing I could do about this particular situation. Once I started down that path it was easy to remember that money is only paper. My health had not changed.

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My relationships (spiritual and physical) had not changed. Why worry and put myself into an unhappy state of mind. I made a trip to the colonias and spent the day walking around.

This is the magic of mission. We can refocus ourselves in ways that cannot be found at a resort, Las Vegas, or on a cruise. On those trips we can 'get away from it all' only to 'get back to it all'. With mission in the colonias we can go to another place mentally and spiritually and we can stay in that place.

A key (perhaps the key) to mission is to focus on our own spiritual needs and to go with the attitude that I am going to change. This is more than simply being appreciative for all that we own. In fact, it may be just the opposite. It may be that this mission empowers us to see that much of what we own is our problem.

One couple that comes to the colonias on a regular basis made significant changes in their lifestyle. Compared with most of us, this couple is very well off. They are spiritual and traveled the world as they helped in Africa, India and Mexico. They were well on their mission journey when I met them and I had nothing to teach them. However, during their trips to the colonias they reached some important decisions. They sold their large house. They lived more modestly each month. They reached out in faith and put money into projects in the colonias. Although business-minded, they often took leaps of faith and trusted strangers to use their charity wisely. They live mission. They read and breathe mission. Like all of us that live mission I suspect they are frustrated because many friends and family don't get it. They don't seek approval. They just want everybody to have the same joy they have in the colonias.

By the way, that is how you will know that mission is working in your life. When your experience is so joyful that you can hardly stand to see you family and friends not become engaged in mission. You want to share the absolute joy.

Journaling

Want this to be a mission and not just a trip? Journaling is a key ingredient.

Start your journal today. Explain who you are and explain a little about the time you live. Perhaps writing about the election, the newest computers, the movies, or your job will help future generations (your great-grandchildren) to understand your life.

Explain why you are participating in a mission to the colonias. Write about how you discovered Paper Houses Across the Border.

Write down what you expect to see, how you expect to feel and what you hope to do.

Make small entries every day and bring the journal with you on the mission.

My suggestion is to leave every other page blank so that you can add photos after the trip.

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Packing List

- Passports
- Journal
- Medications
- Sunscreen
- Sunglasses
- Hat
- Hand sanitizer
- Insect repellent
- Aspirin
- Band-Aids
- Spare batteries for camera
- Camera
- Raingear
- Comfortable walking shoes (no open toes)
- Clothing
- Toiletries
- Comb/Brush
- Toothbrush

OPTIONAL for children in Acuna

- Bubbles
- Hair ribbons
- Balloons
- Lollipops

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Colonias of Acuna

The estimated population of Acuna is estimated between 180,000 and 200,000. It is difficult to find an exact number because many people arrive every week. The foreign owned factories are the largest employers.

Our observations since 2001 helped us to make certain conclusions.

The colonias (neighborhoods) we visit are comprised of houses made of cardboard, scrap lumber, cinder block, and cement. Most of the people bring home between the equivalents of 40 to 60 dollars per week. The cost of food, housing, clothing, medicine, water, and electricity are similar to most U.S. cities.

Education

There is a shortage of schools because of the sudden population growth. Acuna, unlike other nearby Mexican cities, found it necessary to send children to school in two shifts (morning and afternoon). Some schools were built by the people and were made of cardboard. Some are still using empty buses and containers from container trucks. School desks are often old desks donated by U.S. schools and are in poor shape. Some teachers live over 150 miles away from Acuna.

- Kindergarten begins at age 4 and continues until age 7.
- Primary School includes grades 1 through 6.
- Secondary School includes grades 7 through 9.
- College Preparatory includes grades 10-12 and is not free. However, there are many city and state programs for children with good school grades.

Every primary and secondary school is being linked to the Internet. At least one classroom will have Internet Access and use a computer assisted learning program that is linked to the state school system's website. This program can use many languages and has material for every subject. Students can interact with the program at a special grease board. The program also has many video shows and other tools to make lessons exciting and informative.

Children are required to attend school through the 9th grade. Uniforms are required and each child must provide approximately \$70 of school supplies. There are often more children in a neighborhood than classroom space. Some children must attend schools away from the neighborhood and some must provide their own transportation.

Some families cannot afford the uniforms and the school often ignores the lack of uniform in the lower grades. Not surprisingly, some families cannot afford the school supplies. Some cannot provide transportation. Regardless of the reason, the families are fined when a child does not register and attend school. The child cannot return to any public school until these outstanding fines are paid.

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Factories

The foreign owned factories are the largest employers in Acuna. Actual take-home wages require scrutiny to understand the true take-home pay.

Acuna is in the state of Coahuila and has the lowest minimum wage laws of any state on the border. There is no national minimum wage. Paychecks do not reflect all compensation. Some factories provide a meal for employees. All provide free transportation to and from work. Workers also may receive a small bonus for good attendance. The bonus may be in the form of money or redeemable coupons for groceries. However, the bonuses are small.

Another variable in take-home pay can be a housing loan. In Mexico, every employee has a small deduction made from their pay that is used by the government's housing program. The employee never sees this money. When an employee has contributed to this program for approximately 18-months, they become eligible for a loan. If a person worked longer (contributing more) that person is eligible for a higher loan.

The worker finds a house they wish to purchase, apply to the bank for a government backed loan, and the loan payments are payroll deducted. Because all employers are required to participate in this program, the loan is deducted regardless of job changes.

What We See

The average take-home pay is between \$40 and \$60 and the employee may receive \$10 to \$15 worth of coupons for good attendance. Employees using the government loan program may bring home as little as \$20 a week.

Although fruit and vegetables are slightly cheaper than in the U.S., other food prices are equal or higher than those in a typical U.S. city. For example, we paid \$4 for a gallon of milk in Acuna. The cost of beans, rice, flour and cooking oil are higher than in the U.S. The cost of meat is beyond the budget of most families in the colonias.

Typical Meals

Breakfast, lunch and dinner most often consist of eggs, tortilla, beans and rice. Chicken, in very small portions, is occasionally part of the diet.

Typical Clothes

The families take great pride in the clothing of their children. Most have some type of special clothes, such as a school uniform or a special dress. When the families are invited to a fiesta, ceremony or gathering, the children wear their very best clothing.

When we inquire about the size of clothing needed for the families, most parents have no idea. Some children have never owned a new set of clothes. Most wear donated clothing. Most of the children are barefoot, except for school.

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We've learned to be careful when donating tennis shoes, because often the family will sell them for food. Our frequent visits to the colonias help us to become familiar with many families and their situations.

Electricity

There is one national electric company in Mexico. Every election year, politicians talk about addressing the many problems with this company. Nothing is done. Mexico has one of the highest priced electricity in the world.

Most of the 'houses' in the colonias were built and inhabited before the electric company came to the neighborhood. The home owner or business owner (including schools) must pay for the transformer and pole. The cost is about \$10,000. This is often subsidized by local government and the actual cost may only be \$4,000. If home owners can't pool their resources and purchase 'their' pole, the rest of the block is affected. For example, a person may be able to afford the pole and transformer, but the power line does not reach his house because the families between him and the power line cannot purchase their poles.

Many residents 'borrow' electricity. These people attach a fishing hook to the end of a wire and connect this wire to the live wires on the existing electric poles. These wires run along the ground for blocks and eventually connect to a cardboard house. People and animals are sometimes electrocuted and there is a tremendous fire hazard.

In 2007 we saw that the electric company was beginning to address this issue. Some wires were removed and individuals were billed, based on an arbitrary judgment by the electric company. Until these outstanding bills are paid, no electricity can be connected or purchased. This not only affected individuals, but also businesses and even a few schools.

On our mission trips we urge caution when walking near the live wires strung upon the road and fields.

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Mail these completed forms with your check to:

Bob Decker
10827 Colt Chase
San Antonio, TX 78254

Forms

Enter your Mission Date: From: _____ to _____

Room Occupants

The information on this form is used when we make arrangements for your room.

First Name: _____ Last Name: _____

Address: _____

City: _____ State: _____ Postal Code: _____

Birth date: _____ Cell Phone: _____ Other Phone: _____

EMAIL: _____ Spanish: (check one): none some good great

Other occupants in room: First Name: _____ Last Name: _____

Address: _____

City: _____ State: _____ Postal Code: _____

Birth date: _____ Cell Phone: _____ Other Phone: _____

Email: _____ Spanish: (check one): none some good great

Other occupants in room: First Name: _____ Last Name: _____

Address: _____

City: _____ State: _____ Postal Code: _____

Birth date: _____ Cell Phone: _____ Other Phone: _____

EMAIL: _____ (check one): none some good great

Other occupants in room: First Name: _____ Last Name: _____

Address: _____

City: _____ State: _____ Postal Code: _____

Birth date: _____ Cell Phone: _____ Other Phone: _____

EMAIL: _____ Spanish: (check one): none some good great

EMAIL is very important – we update you by email.

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**Hold Harmless, Waiver of Liability, & Emergency Medical Care
Authorization**

1/2

Complete and return one disclaimer for each person in your group.

Paper Houses Across the Border, Inc. is hosting a mission trip in Acuna, Mexico between _____ and _____.
(start date) (end date)

I, _____ in consideration of the opportunity to participate in the mission and in consideration of other obligations incurred, hereby agree as follows on behalf of myself and any minors traveling with me:

I fully understand that I may be traveling or staying in areas of the world which may have unstable political, economic and security situations where acts of war, potential danger from lack of control over local population, terrorism or violence could occur at any time.

I fully understand that I may encounter difficult climates and living conditions; that risks are present concerning means of travel, food, water, diseases, pests and poor sanitation and other health related situations. Medical or emergency medical treatment may be inadequate or not available.

I accept and assume all responsibility for my actions and any and all risks of property damage or personal injury which occur during or result from my participation, including potential injury while participating in activities, traveling and walking.

With the above in mind, I fully understand and agree that Paper Houses Across the Border, Inc and all its entities, staff, and agents, its board of directors, and volunteers shall not be responsible or liable in any way for any accident, loss, death, injury or damage to myself or my property, in connection with the mission experience or any portion of the mission experience even if said injury or action is due to the alleged negligence of the Paper Houses Across the Border, Inc., its representatives or volunteers.

Further, I do hereby agree to indemnify and hold Paper Houses Across the Border, Inc harmless against and from any and all liabilities, damages, claims, suits, judgments and associated costs and expenses (including, without limitation, reasonable attorneys' fees) of whatsoever kind in connection with the mission experience or any portions of the mission experience.

Further, I make this agreement on behalf of my heirs, agents, fiduciaries, successors and assigns. I waive, knowingly and voluntarily, each and every claim or right of action I have now or may have in the future against the Paper Houses Across the Border, Inc. and all parties related to the mission experience, even if any such claim or right of action is caused by Paper Houses Across the Border, Inc.'s alleged negligence. This includes automobile accidents, regardless of driver negligence.

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I hereby state that I am in good health and have all medications necessary to treat any allergic or chronic conditions, and I am able to administer such medications without assistance. If at any time I need emergency medical care and am not able to give consent because of my physical or mental condition, I authorize emergency medical care decisions to be made on my behalf, and I specifically release Paper Houses Across the Border, Inc. in making those emergency medical care decisions, from any and all liability associated with said decisions, even if injury or death is the result of Paper Houses Across the Border, Inc.'s alleged negligence.

I also give permission for the use of my photographs by Paper Houses Across the Border, Inc.

I will NOT provide assistance, encouragement, or aid to any person intending to cross the border without proper identification.

I will NOT provide my personal information to any person in Mexico.

I have read carefully, agree to, and intend to be legally bound by all terms of this hold harmless, waiver of liability, and emergency medical care authorization.

Signature of Participant

Date

Printed Name

WITNESS

Signature of Parent or Guardian is also required if participant is under 18 years of age.

Signature of Parent if minor child is participant

Date

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Emergency Contacts

Relationship _____
First Name: _____ Last Name: _____
Address: _____
City: _____ State: _____ Postal Code: _____
Home Phone: _____ Cell Phone: _____ Other Phone: _____

Relationship _____
First Name: _____ Last Name: _____
Address: _____
City: _____ State: _____ Postal Code: _____
Home Phone: _____ Cell Phone: _____ Other Phone: _____

Relationship _____
First Name: _____ Last Name: _____
Address: _____
City: _____ State: _____ Postal Code: _____
Home Phone: _____ Cell Phone: _____ Other Phone: _____

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Del Rio Map and Directions to Hotel

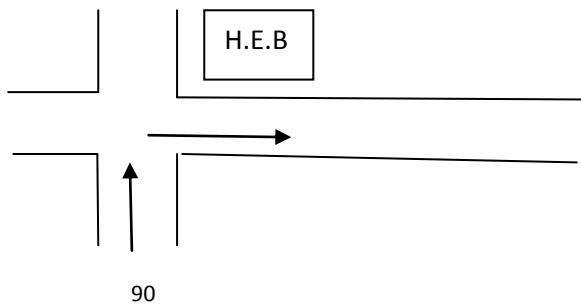
From Houston & San Antonio:

I-10 west

U.S. 90 West (Signs read “Del Rio”)

Continue on U.S. 90 for 151 miles. You will drive through Hondo, Uvalde, and Brackettville.

As you enter Del Rio, watch for the H.E.B. store (Veterans Blvd.) and turn right



Stay on Veterans Blvd for 3 miles – Ramada Inn is on your right, just passed the La Quinta Inn.

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Telephone Numbers

Bob Decker 210-232-3897 (cell)

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